

IT'S JUST A

PHASE

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**PRESCHOOL**



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## Calvary Kids - Preschool Ministry

Our preschool area is an engaging, fun place where preschool children learn that Jesus loves them. From birth through kindergarten, children experience a safe environment where committed teachers and volunteers show them the love of Jesus Christ.

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## EMBRACE

### Embrace the physical needs of your toddler.

Toddlers bring to us four basic physical needs: **independence, affection, rest and wide open spaces**. Your toddler probably isn't even aware of these longings. But now you are.

**Independence:** They're living the "do it myself" phase of life. Most things they can't actually do themselves, but they sure want to try. After all, toddlers learn by doing.

**Affection:** Nothing matters more to a toddler than your physical, consistent presence.

**Rest:** Wired as they may be, your toddler needs a break. Naps and room time are like a reset for their mind and body.

**Wide open spaces:** Play is a deceptive word for all the work a toddler does while climbing a ladder at the park or running laps in your living room. Expending energy and gaining knowledge all while going a wee-bit wild is the necessary act of child's--err, toddler's--play.<sup>1</sup>

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## Don't Miss Your Role

"No one has the potential to influence your son or daughter like you. Yep. That's a lot of pressure. And it can be confusing. You are a mix of teacher, coach, counselor, and friend. So here's a one-sentence job description to keep you focused. . . . EMBRACE their physical needs. Spend the first 200 weeks helping your child develop a sense of security and confidence."<sup>2</sup>

<sup>1</sup> Ivy, K., (n.d.) 6 Ways To Embrace The Physical Needs of a Toddler. Retrieved from <http://justaphase.com/6-ways-to-embrace-the-physical-needs-of-a-toddler/> on May 10, 2018.

<sup>2</sup> Joiner, R. & Ivy, K., (2016) Don't Miss It: Parent Every Week Like It Counts. Cumming: GA: Orange.